National Institute for Health Research

AQ-10 (Adolescent Version)

Autism Spectrum Quotient (AQ)

A quick referral guide for parents to complete about a teenager aged 12-15 years old with suspected autism who does not have a learning disability.

Please tick one option per question only:		**Definitely Agree**	**Slightly Agree**	**Slightly Disagree**	**Definitely Disagree**
1	S/he notices patterns in things all the time	☐	☐	☐	☐
2	S/he usually concentrates more on the whole picture, rather than the small details	☐	☐	☐	☐
3	In a social group, s/he can easily keep track of several different people's conversations	☐	☐	☐	☐
4	If there is an interruption, s/he can switch back to what s/he was doing very quickly	☐	☐	☐	☐
5	S/he frequently finds that s/he doesn't know how to keep a conversation going	☐	☐	☐	☐
6	S/he is good at social chit-chat	☐	☐	☐	☐
7	When s/he was younger, s/he used to enjoy playing games involving pretending with other children	☐	☐	☐	☐
8	S/he finds it difficult to imagine what it would be like to be someone else	☐	☐	☐	☐
9	S/he finds social situations easy	☐	☐	☐	☐
10	S/he finds it hard to make new friends	☐	☐	☐	☐

SCORING: Only 1 point can be scored for each question. *Score 1 point for Definitely or Slightly Agree on each of items 1, 5, 8 and 10. Score 1 point for Definitely or Slightly Disagree on each of items 2, 3, 4, 6, 7 and 9.* If the individual scores **6 or above**, consider referring them for a specialist diagnostic assessment.

USE: This is the adolescent version of the test recommended in the NICE clinical guideline CG142. www.nice.org.uk/CG142

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.

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